**Community Resources & Support**

**Breastfeeding Stores**

**Buybuy BABY:** 3121 Market Center Drive, Morrisville, NC.

Sells breast pumps 9:30 am – 9:30 pm. | 919.467.5149

**Rex Lactation Services**: Rex Hospital in Raleigh, NC

Open Mon-Fri 9am-12noon­­­.

Rents hospital grade breast pumps for $80/month.

[www.rexhealth.com/lactation-services](http://www.rexhealth.com/lactation-services) | 919.784.3224

**Dressen Medical Supply:** 156 Thomas Mill Rd, Holly Springs, NC. Delivers your breast pump - covered by your insurance co. [www.dressenmedical.com](http://www.dressenmedical.com) | 919.577.6458

**Women’s Birth & Wellness Center Boutique**:

930 M.L.K. Jr. Blvd # 204 Chapel Hill, NC 27514 | 919.537.7055.

Breast pump rentals, nursing/pumping bras & herbal wellness.

Open Mon-Fri 9 am-6 pm.

**Breastfeeding Education & Support**

**Hand of Hope Pregnancy Resource Center**: Offers free life skills classes. On-site baby boutique: breast pumps, cribs, car seats, etc.

1701 Jones Franklin Road in Raleigh | 919.758.8444

**Breastfeeding Support Group:** Wake Med Apex Health plex 2nd floor

Mondays from 2:00 to 3:30pm | 919.350.8235

No registration needed.

**Moms Supporting Moms:**Rex hospital- 4420 Lake Boone

Trail Raleigh, NC 27607. Meetings are every Thursday evening.

919.454.6946 or 919.784.4490

[www.momssupportingmoms.net](http://www.momssupportingmoms.net)

**Nursing Mothers of Raleigh (NMR):**

Public meetings for breastfeeding education and support.

**Holy Trinity Evangelical Lutheran Church, 2723 Clark Ave, Raleigh.**

**F**irst Thursday of month at 7 pm, Third Thursday of the month at 9:30 am. [www.nursingmothersof](http://www.nursingmothersof) Raleigh.org

**Cornerstone Pediatrics provides in-house lactation support five days per week**

Contact **Savannah Pressley, BS, MS, IBCLC**, at 919.460.0993

**Private Lactation Consultant Home Services**

**Karissa Binkley**

[www.2ndnaturelactation.com](http://www.2ndnaturelactation.com)

[consult@secondnaturelactation.com](mailto:consult@secondnaturelactation.com)

919.961.9885

**Cheryl Patel, RN, LNC, IBCLC**

[www.breastfeedingrocks.org](http://www.breastfeedingrocks.org)

[LacationConsultants@gmail.com](mailto:LacationConsultants@gmail.com)

561.716.3405

**Nature’s Nutrition:**

Kim Abshire, RN, IBCLC.

Lactation Consultation & scale rental.

919.971.8937(office)

919. 971.8937 (cell)

www.naturesnutritiononline. com (Wake Forest).

**Beyond Birth Lactation** **Services:**

Leslie Stern, CNM, IBCLC.

Lactation Consultation, pump and scale rentals. | 919.381.8781.

www**.**[Leslie@beyondbirthlactation.com](mailto:Leslie@beyondbirthlactation.com) (Durham).

***Dentistry (Frenulum Assessment)***

**Hansen Dentistry**

800 W. Williams St. #240.

Apex, NC 27502.

Phone Number 919-363-8444.

**High House Pediatric Dentistry**

1705 High House Rd.

Cary, NC. 27513.

Phone number 919-267-4211.

**Holman Pediatric Dentistry**

1836 M.L.K. Jr. Blvd.

Chapel Hill, NC. 27514. Phone number 919-932-7811.