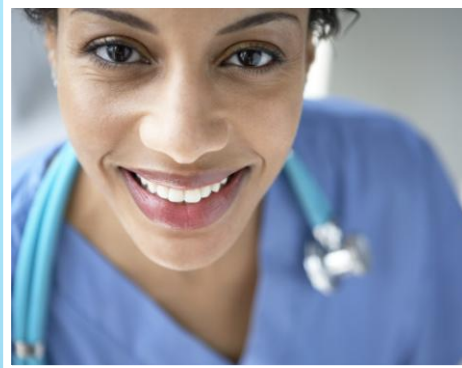


## Prescription Refills

Most medications prescribed for ADD/ADHD are **controlled substances** and require printed prescriptions and original signatures. For controlled substances, the prescription cannot be called in or faxed to the pharmacy and additional refills require a new prescription with a handwritten signature. Our refill policy is as follows:

- a. **Call at least 3 business days before** the last dose. Specify drug name, dosage and if brand name or generic is used. Give your child's full name, date of birth and the best way to reach you.
- b. Most medications do not need to be given while the patient is at school, but School Medication Administration forms are available upon request.
- c. You will be notified by our Care Coordinator if there is a problem with refilling your medication. Otherwise, you will be informed by phone within **48-72 hours** when the prescription is ready. Please pick up your prescriptions in a timely manner at our front desk.

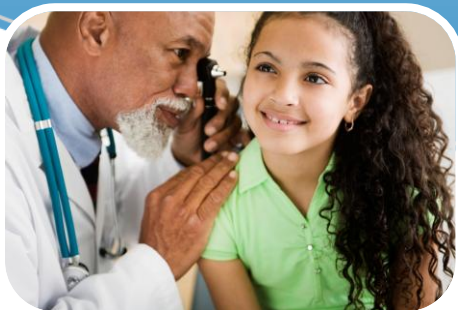


## Other Important Information:

As mentioned above, many medications used to help treat ADD/ADHD are controlled substances. It is the responsibility of a parent to monitor the administration of these medications and to keep up with the written prescriptions and keep them in a safe place until filled. Recent literature and media attention have highlighted the potential for abuse of some ADD/ADHD medications by school age children and the illegal sale and/or use of these medications in high school/college age students as well as adults. Our staff will review each refill request and determine if a refill is appropriate and falls within the guidelines above.



## ADD/ADHD Medication Management Guidelines

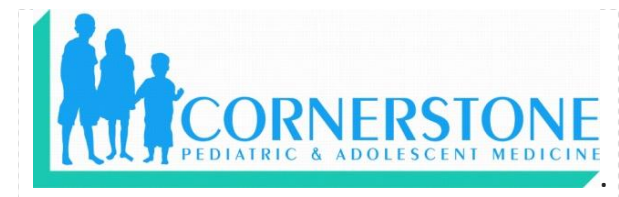


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## Cornerstone Pediatric & Adolescent Medicine Policy for ADD / ADHD Medication Management



Your child has been prescribed a medication for the management of Attention Deficit Hyperactivity Disorder (ADD or ADHD). These medications are effective at controlling the symptoms of ADHD but can also have side effects that need to be monitored, such as loss of appetite, weight loss, fluctuations in blood pressure or problems with sleep. Medication changes or adjustments are often necessary to find the optimal dose of these medications. The following guidelines have been developed by our physicians to enable us to best meet the needs of your child and to follow the recommendations of the American Academy of Pediatrics.

### What can we expect?



#### After Your Initial Appointment – First Follow Up

*After medication initiation, we require an initial follow-up visit with your provider. You can expect to receive a phone follow up from our Care Coordinator within the next two weeks. During this call, she will assist you in scheduling your initial follow-up visit for medication monitoring. This visit should be scheduled two to three weeks after the medication is initially prescribed. Further refills will not be allowed until this follow-up visit is completed.*

#### Continuation & Maintenance

*Over the next several months your physician will work with you to monitor the overall effectiveness, any side effects of the medication and answer any questions you may have regarding ADHD and medication therapy. The stable patient will be seen for follow up appointments at two to three weeks, three months and six months after beginning medication therapy. A patient who is stable at their six month follow up visit will likely be seen every six months for the continuation of medication therapy. Please be aware, ADHD follow up appointments CANNOT be combined with other sick visits or asthma follow up appointments.*

#### Follow Up Forms

*The completion of follow up forms will be required once per year. To best evaluate continued effectiveness, these forms should be completed while the patient is on medication. In order to obtain the most useful information from current teachers, we request forms be completed during the patient's school year. These forms can be provided at your appointment, downloaded from our website or picked up in our office. Completed forms need to be received in the office at least 24 hours prior to your scheduled appointment.*