Signs of Milk Transfer

* The baby moves from short rapid sucks to slow deep sucks early in the feeding
* The mother notices her milk letting down
* No smacking or clicking sounds are evident with sucking
* Audible swallows
* The mother’s breast softens as the feeding progresses
* The mother’s nipple does not appear blanched or compressed when the baby unlatches.
* Voiding and stooling are appropriate for age (after day 4: minimum of 3 stools and 6-8 wet diapers/day)
* The baby spontaneously unlatches and is satiated (open hands and relaxed arms)
* Weight gain of ½ to 1 oz (15-30 grams) per day and back to birth weight by 10-14 days